

NETBALL

We give 300 girls the opportunity to represent the School in inter-school fixtures in netball, with a typical week seeing up to 30 fixtures played from U11 through to 1st VII levels against some of the top netball-playing schools in the country.

Our experienced team of 12 coaches, which includes current Super league players and former internationals, work hard to develop and nurture the girls. There are many opportunities for girls to compete in national age group competitions at U19, U16 and U14 levels. Oakham has attended the National Schools Finals for eight of the last nine years, highlighting the wealth of talent and sheer commitment in pupils and coaches alike.

In 2019 our U15 team attended the inaugural World School Games where they played schools from different countries at the highest level, and won the plate.

Oakham netballers enjoy excellent facilities with nine courts used for training and matches. Preparation for the national competitions begins out of season in the Winter Term with U19, U16 and U14 players attending strength and conditioning and skills sessions. These skills sessions help the girls to develop and bond as a team ahead of the netball term. Many of our junior players have had a taste of Oakham netball through the Thursday afternoon netball activity option in the Winter Term. Pre-season training for all age groups begins in January before the start of the Spring Term.

Alongside our team of fantastic coaches, the students have the opportunity to learn from the best players and coaches in the country during our guest-coaching week. In recent years we have welcomed Commonwealth Gold Winner Jodie Gibson and ex-international player and NSL Director of Netball, Tamsin Greenway, to lead coaching sessions with our U14 and U19 teams.

PERFORMANCE PATHWAYS

Many girls go on to play netball at varying levels outside School, including Loughborough Lightning and Nottingham Forest Academies, and local clubs too, with a strong cohort every year representing university teams across the country.



For our pupils on performance pathways, we assist them in completing their individual programmes on court and in the gym; this way we can help to manage their time and workload.

The 1st VII also get the experience and exposure of playing against top university teams in the country, including: Loughborough University, Nottingham Trent University and University of Nottingham.



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