

TENNIS

We regularly field over 60 boys' and girls' tennis teams from the 1st VI to the U12Ds, who play against some of the biggest schools on the circuit in a competitive fixture list.

In addition to our Summer Term training and fixtures, the Oakham School Tennis Academy offers pupils all-year round technical and tactical coaching sessions each week through our partnership with Oakham Tennis Club. This also provides a link between the School and local clubs, with many pupils enjoying playing at club level. We have a first-class tennis syllabus throughout the year based on the need to play high level doubles. Our winter training programme of age group indoor training sessions and individual lessons helps us ensure that we are well-prepared at the start of the season.

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Oakham tennis players enjoy excellent facilities with 12 hard courts used for training and matches. Oakham School aspires to achieve national success with entry in the National Schools Team Tennis Championships, Road to Wimbledon and Aegon Leagues for both the girls' and boys' teams and we have a number of boys and girls who represent the county at tennis and the School actively supports individual progress in this area.

Furthermore, with the use of our Strength and Conditioning Programme, we can support our pupils to develop the physical aspects of their game, in addition to the technical and tactical aspects learned through squad and individual coaching.



**For further information,
contact:**

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